

人生
要と押さえて
生きろ

藤誠志

社会時評エッセイスト

【APA Words to Live By】 No.249
Live while focusing
on the most important
parts of life

Seiji Fuji, Patriotic Essayist

後の喧嘩はするな 喧嘩は勝てる 時にせよ No.220
 Don't get into fights after the fact Choose to fight at the timing
 when victory is possible 二〇二一年十月 ● October 2021 Issue

今は今までの 結果である だから今から始めよう No.221
 The present is the result of the past That's why you should start right now
 二〇二一年十一月 ● November 2021 Issue

物事は 掴みで捉えて 細部に迫れ No.222
 First, get an overall understanding and then focus on the details
 二〇二一年十二月 ● December 2021 Issue

経験は 最良の教訓 しかしその授業料は高い No.223
 Experience is the best school but the tuition fees are expensive
 二〇二二年一月 ● January 2022 Issue

人生の宝物 それは 知識である No.224
 Knowledge is a precious treasure in life 二〇二二年二月 ● February 2022 Issue

団結は力 分割して 統治せよ No.225
 Solidarity is power You should divide and rule 二〇二二年三月 ● March 2022 Issue

自らの経験で 得た物は 自らの物で有る No.226
 The things you gain from experience belong to you 二〇二二年四月 ● April 2022 Issue

先見力 決断力 実行力 No.227
 Foresight Decisiveness Ability to get things done 二〇二二年五月 ● May 2022 Issue

出過ぎた 杭は 打たれない No.228
 The nail that sticks out too much won't get hammered down
 二〇二二年六月 ● June 2022 Issue

人は騙せても 自分は 騙せない No.229
 Even if you deceive others, you cannot deceive yourself 二〇二二年七月 ● July 2022 Issue

リスクは 取れるときに 取れ No.230
 Risks should be taken when you are capable of doing so
 二〇二二年八月 ● August 2022 Issue

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 As you live, count the positive things in your life 二〇二二年九月 ● September 2022 Issue

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 instantaneous opportunities for victory 二〇二二年十月 ● October 2022 Issue

損する人は 自ら損する No.233
 When you lose out it is due to your own actions 二〇二二年十一月 ● November 2022 Issue

およそ人生は 良く思えば良く 悪く思えば悪くなる No.234
 As a rule, life goes well when you think positively, and poorly
 when you think negatively 二〇二二年十二月 ● December 2022 Issue

でかい事をするには 細心に大胆に でかい事に挑め No.235
 To do something great be meticulous yet bold as you try to do
 great things 二〇二三年一月 ● January 2023 Issue

幾つもの経験を 重ねて来たからこそ 身に付いた力がある No.236
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 experience 二〇二三年二月 ● February 2023 Issue

強い人にも強く 常に武器を磨き 一瞬の勝機を掴め No.237
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 weapons to take advantage of opportunities for victory
 二〇二三年三月 ● March 2023 Issue

人間一生一回 悔いのないように 全力投球せよ No.238
 You only live once Give everything you've got to avoid regret
 二〇二三年四月 ● April 2023 Issue

人生は 思っているほど 長くは無い No.239
 Life isn't as long as you think 二〇二三年五月 ● May 2023 Issue

スタンドプレーの できる 男になれ No.240
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 Peace founded on the logic of power 二〇二三年九月 ● September 2023 Issue

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 Happiness requires awareness If you think you are unhappy,
 you will be unhappy 二〇二三年十月 ● October 2023 Issue

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 drawbacks 二〇二三年十一月 ● November 2023 Issue

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人生 要を押さえて 生きろ



Patriotic Essayist
 藤 誠志
 Seiji Fuji

小学生時代より読み続けた新聞による知識を、世界82カ国にも及ぶ遊学と経験で検証し、あらゆる国の文化、慣習を身に付ける。キューバのカストロ首相との鼎談をはじめ、李登輝元台湾総統、金泳三元韓国大統領、エンフバヤル前モンゴル国大統領やエジプト学の権威ザヒ・ハワス博士など、これまで訪れた国々に多数の交友関係を築き、世界の政治・経済・軍事の情報をいち早くキャッチするとともに、歴史や文化、建築物、デザインなどに深い関心を寄せる。社会時評エッセイスト、CFプロデューサー、コピーライター、プランナー、デザイナーとして活躍するほか、射撃、テニス、スキーとともにモータースポーツをこよなく愛し、レース経験を持つ大のモーターファンで、オーストラリアFIAワールドラリーにプライベートチームをエントリーさせ、Nクラス総合世界第3位に輝く実績を持つ。

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Seiji Fuji has visited 82 different countries all over the world. His travels and experiences overseas have enabled him to verify his knowledge gathered by reading newspapers since he was an elementary school student, as well as to learn about the cultures and customs of different countries. He has formed relationships with people in the various countries he has visited, including holding three-person talks with former President Fidel Castro of Cuba and also becoming acquainted with Lee Teng-hui, former president of the Republic of China, Kim Young-sam, former president of South Korea, Nambaryn Enkhbayar, former president of Mongolia, and Dr. Zahi Hawass, a leading Egyptologist. Along with being tuned into world politics, economics, and military affairs, Fuji is also deeply interested in history, culture, architecture, and design. He is also active as a social commentary essayist, commercial film producer, copy writer, planner, and designer. His hobbies include shooting, tennis, and skiing. He also loves motor sports and even has racing experience. He entered a private team in the FIA World Rally Championship in Australia, which won third place worldwide in the N Class.

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